

SAFE WORK AT HEIGHTS

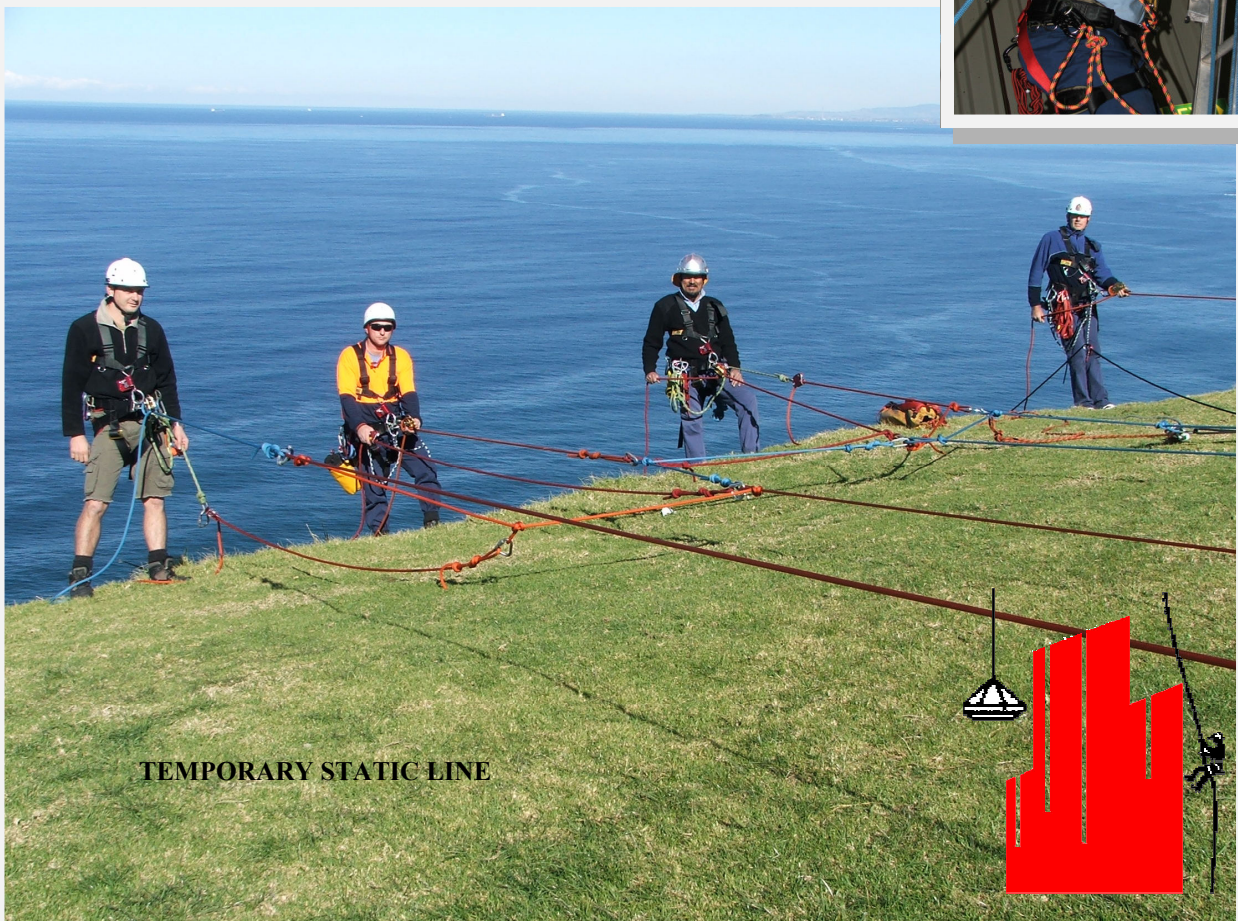
Duration:
6 to 8 hours

Applications:

For people working at heights

Program:

- Overview of system and history
- Safe work on roofs
- Knot and Rope Techniques
- Anchor Points
- Rigging Techniques
- Static Lines
- Harness
- Risk Assessment/Accidents
- Self Rescue
- Rescue: lower from roof using reversible anchor system
- Fall Arrest devices
- Fall Factors
- Temporary safety line over roof
- Care Use & Maintenance
- Operator & Public Safety
- WorkCover requirements
- Theoretical examination



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